



# Kepplegate

— CARE SERVICES —  
*You care, We care*

**JANUARY  
2019  
NEWSLETTER**

## ***KAREN'S KORNER***



Hello everyone and a very happy and prosperous New Year to you all! December was slightly manic, to say the least, but we've got some nice lasting memories with some lovely photos of our residents and their loved ones taken over the festive period. In fact, for the first time, this is going to be a five-page newsletter so that we can fit in all the pics 😊

Thank you to everyone who has brought in generous gifts for the Team over Christmas.

We're looking forward to meeting up with as many of you as possible for our first Relatives' Rendezvous of the year on 9th January when a hot supper will be served. Please let us know for catering purposes if you'll be joining us.....and also bring along any suggestions/feedback you'd like us to have.

## *In January's Newsletter*

*Karen's Korner*

*Birthdays*

*Welcome*

*Activity with St Aidan's*

*Feedback questionnaire result*

*Community Entertainers*

*Shingles Awareness*

*Decorations going up*

*Christmas Parties*

*Christingle*

*Dates for your Diary*

**Birthdays over Christmas were:- John on 24th. Olga on 25th and Derek on 27th. Many happy returns to you all.**



**People from the team celebrating birthdays this month are Loraine, Dawn & Pauline**



**A warm welcome to Albert and Harry who have come to stay at Kepplegate and to Tori and Lesley who have joined the Team. Jessica will be starting induction at the beginning of January followed, (hopefully) shortly by Sarah... yes our third Sarah!**

### **Activity with St Aidan's**

We take pride in our links to the local community, so we were very happy when a group from St Aidan's school came to Kepplegate for an activity afternoon with our residents. The students helped as residents drew round their fingers and cut out hands which, when they were put together, formed a very nice Christmas tree for our lounge doors.



**Thank you to everyone who took the time to complete our six-monthly feedback questionnaires. There's a poster in the reception porch which charts the results in detail, but we're delighted that the overall rating across all our services was**

**OUTSTANDING!!!**

*On the community theme, we were very lucky to be visited by two primary school choirs and Pilling Band who all came to sing and play carols and Christmas songs for our residents to join in..*



*Councillor Lynda Woodhaouse, Mayor of Preesall, also called in with some chocolates and good wishes for our residents.*

*We've been sent this poster to make people aware who is eligible to have a shingles injection free on the NHS. From someone who suffered for a few months from shingles last year, I'd advise you to take them up on it if you qualify!*



Public Health  
England



# Shingles vaccination

## Who's eligible?

Aged  
**70** years?

Plus anyone in their 70s who was born after 1 September 1942 and has not yet had the vaccine.

Aged  
**78** years?

Plus anyone aged 79 years old who has missed out on the vaccine.

Protect yourself from the pain of shingles – speak to your GP surgery about having your vaccine today!

**i**mmunisation  
The safest way to protect children and adults



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**A big thank you to everyone who helped to make the care home look lovely for the festive season .....three trees this year (and two outside!)**



Thank you to Derek's daughter, Alison, who arranged for Kepplegate to have two Preesall Council trees put up outside our building this Christmas

**The party season kicked off with a trip to the Hambleton W I Christmas get together**



**Then it was the Residents' Christmas Party**



**Before finishing off with the Team's night out**



## CHRISTMAS PHOTOS



## CHRISTINGLE



On Christmas Eve we held a short Christingle service at Kepplegate for the first time. Olga helped us prepare the Christingle oranges with the symbolic red ribbons, candles, & sticks pointing north, south, east & west, which held the fruits and sweets.

Dates for Your Diary

9th Jan: *Relatives Rendezvous 5.30 pm*

14th Jan: *Bob Croft entertains 2.00 pm*

28th Jan: *Dave Dare sings 2.00 pm*

5th Feb: *Chinese New Year begins*

15th Feb: *Jane Black sings 2.00 pm*

